



MEDICAL MUTUAL

Member Enrollment Guide for the Medical Mutual WW[®] (formerly Weight Watchers[®]) Discount Program

Step 1

Contact Medical Mutual at WeightWatchers@MedMutual.com or by phone at 1-800-251-2583, any time, seven days a week, and leave a detailed message that includes your first and last name, date of birth, address, email address, phone number and Medical Mutual ID number (found on your health insurance plan ID card). Medical Mutual will confirm eligibility and enter your information into the WW portal. You will receive confirmation within three business days that you have been entered into the system and can move on to Step 2.

Step 2

Visit <https://wellness.weightwatchers.com>. Click on *"See discounted rates."*

Step 3

Enter the following information for your WW discount:

- In the *"Employer ID"* field, enter **13182782**.
- From the *"This membership is for..."* drop-down menu, select your appropriate population type. Choose *"Member"* if you are the policyholder, or choose *"Spouse"* or *"Dependent"* (for children ages 18 and older who are covered under the plan). Medicare Advantage members should choose *"Retiree."*
- For the *"Employee ID"* field, enter your Medical Mutual ID number (found on your health insurance plan ID card). Do not enter spaces or special characters. Click the *"Next step"* button.

Note: All entries in this section must be an exact match to the information in Medical Mutual's membership system to move forward with registration, so please be sure to select and type accurately.

Step 4

Choose a WW subscription type.

Select one of the three options available to members:

- Digital (formerly *OnlinePlus*)
- Digital + Workshops (formerly *Community Meetings*)
- WW for Diabetes